

#### **5K & 12K PARTICIPANT GUIDE**

# RACE WEEKEND DETAILS

**APRIL 25-27, 2025** 

Welcome to the 38<sup>th</sup> Annual Big Sur International Marathon weekend of events! This is your go-to guide for everything you need to know about race weekend. On behalf of the Big Sur Marathon events committee, board, staff, and team, we look forward to seeing you soon and hope you have an amazing experience.

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# PRE-RACE INFORMATION & EXPO

#### **LOCATION & DATE**

Monterey Conference Center - 1 Portola Plaza, Monterey, CA 93940 Friday, April 25 from Noon to 6 PM & Saturday, April 26 from 9:30 AM to 6 PM The Expo is FREE and open to the public.

#### **BIB & SHIRT PICKUP**

Bibs and shirts must be picked up in person at the Expo. **You must bring your photo ID & your check-in pass to pick up your bib.** You will receive an email with your check-in pass (QR code and bib number) several times leading up to the event.

If you are unable to attend the expo, please complete a Packet Pick-Up Authorization for someone else to get your bib and shirt, and upload it into your Haku account. Click **HERE** for instructions on how to upload the **Packet Pick Up Authorization** to your **Haku account**.

#### **CLINIC SCHEDULE**

On Saturday, we will host a full day of free race clinics beginning at 10 AM. All clinics are hosted in Steinbeck I, located on the second floor of the Monterey Conference Center (up the escalators to the right inside the front doors). From how to run your best race to inspiring runner stories, our programming has something for everyone. Check out the **clinic schedule!** 

## **OFFICIAL RACE MERCH**

Be sure to visit the Marathon merchandise store on the main expo floor for a wide assortment of commemorative items including technical wear, leisure wear, souvenirs, and HOKA® shoes for try-on and purchase! Supplies are limited and many items sell out early. You can also shop our **online store** prior to race weekend.



# RACE WEEKEND SPECIAL EVENTS



## **PUB RUN | THURSDAY, APRIL 24 @ 6 PM**

Fieldwork Brewing Company - 560 Munras Ave, Monterey, CA

Join HOKA and Fleet Feet Monterey at Fieldwork Brewing Co for a demo run featuring the all-new Cielo X1 2.0 and Clifton 10. All paces encouraged and welcome! Don't miss out on the fun!



# HAPPY HOUR AT THE EXPO | 2 - 5:30 PM FRIDAY, APRIL 25 & SATURDAY, APRIL 26

Visit the Runner Lounge presented by United Airlines and Monterey Regional Airport for Happy Hour featuring beverages from Peter B's and Folktale Winery & Vineyards. Purchase a commemorative glass for complimentary beverages.



# HOKA BIG SUR FLY LAB AT THE EXPO | ALL DAY FRIDAY, APRIL 25 & SATURDAY, APRIL 26

Join HOKA at the Fly Lab at the Big Sur Marathon expo with a demo experience and sweepstakes where you can be entered to win a pair of Cielo X1 2.0 or Clifton 10 and an entry of your choosing into one of the five distances offered at the 2026 Big Sur International Marathon.



## **SHAKEOUT RUN | SATURDAY, APRIL 26 @ 8 AM**

Monterey Conference Center - 1 Portola Plaza, Monterey, CA 93940

Join HOKA and Fleet Feet Monterey for a shakeout run with demos of the all-new Cielo X1 2.0 and Clifton 10. **The first 400 runners** receive a **HOKA shakeout run shirt.** *Distribution starts* @ 7:15 AM.



#### PRE-RACE PASTA DINNER | SATURDAY, APRIL 26

**Monterey Marriott -** 350 Calle Principal, Monterey, CA 93940 **4:30 & 6 PM Seatings -** Tickets Required

Mix & mingle with fellow runners at the Pre-Race Pasta Dinner. Pre-purchased tickets are available for pick-up at the Expo. Additional tickets available for purchase while supplies last.

# RACE MORNING

#### PARKING AND PACKET PICK UP

The 5K & 12K are out-and-back races from the Marathon finish line and 5K/12K entrants are responsible for their own transportation to the start (if staying in Big Sur, see below). Limited free parking is available at **The Crossroads Carmel** and area roads and lots next to the Marathon Village at Highway 1 and Rio Road. Plan to arrive extra early and expect heavy traffic in the area. We do not provide any bus transportation to the 5K/12K start.

Because no shuttle bus is needed, race day <u>packet pick up</u> is available for the 5K/12K in the parking lot of The Crossroads Carmel shopping center next to the Marathon Village. Shirt size is not guaranteed at race-morning pick-up and picking up your bib and shirt at the Expo the two days before the race is highly recommended.

**Staying in Big Sur?** Review this <u>transportation document</u> on getting to the start!

#### **RACE START**

The <u>5K/12K</u> start together on Highway 1 at the Marathon finish line at **7:35 AM**. Runners should selfseed by expected pace with faster runners near the front. Be sure to wear your race number on the front of your shirt or shorts so it is visible to race officials during the event. The event is chip-timed so there is no advantage to being near the front unless you can start with and maintain a faster pace.

## **GEAR CHECK**

Since most 5K/12K participants will have a personal vehicle parked nearby, and because we are preparing the gear check area for the thousands of runners running point-to-point longer races on Highway 1, there is a very limited gear check option for the 5K/12K. If you need to use gear check, use ONLY the clear gear check bag provided at bib pick-up and attach the adhesive bag tag located at the top of your race bib. Do not enclose valuables, keys, credit cards, etc. and do not check any fluids or other heavy or sharp items. Please tie your bag tightly.



# **COURSE INFORMATION**

#### **COURSE DETAILS**

- The 5K & 12K feature a beautiful <u>out-and-back</u> <u>course</u> beginning and ending at the Marathon finish
- The 5K has white mile markers with blue numbers & the 12K has blue mile markers with white numbers. Do not look for the larger wooden marathon markers.
- Be sure your race number is visible on the FRONT of your shirt or shorts for race officials and photographers.
- Please help us keep this beautiful area clean.
   Please toss all trash, cups, gel packs, food, etc., within an aid station footprint to help ease clean up and get roads reopened promptly. And please don't go to the bathroom behind bushes, trees, or fences on the course. There are plenty of portos on the route and there is A LOT of poison oak alongside some sections of the course!

View the course map here.



- The road is closed to private vehicles, bicycles, walkers, or non-registered runners. The
  only place for friends and family to watch you run is at the finish line. No spectators are
  allowed on the course.
- Only official race entrants wearing an official bib assigned to them are allowed on the
  course. No dogs or other animals, unofficial pacers, skates, skateboards, bikes, scooters,
  wheelchairs, hand cranks, baby joggers, or carrying of children or infants. No bandits, no
  unofficial pacers, no exceptions.

## **AID STATIONS**

Aid station amenities include <u>Nuun</u>, water, refill stations for you to refill your personal bottles, portable restrooms, and first aid.

**5K -** The 5K features one aid station at the 5K turaround at mile 1.5.

**12K -** The 12K features three aid stations. One is in Point Lobos and one is a marathon aid station that runners pass on the way out and on the way back.



**LEMON LIME** 



#### FINISH AREA



View a map of the finish area here.

Marathon Village is located at Highway 1 and Rio Road. After crossing the finish line, you will receive a finish medallion and recovery food and beverages. The family reunion area is outside the runner food tent in the central area of Marathon Village.

Hot minestrone soup and a Cheers Garden (for those age 21 or over) are also available. Your participant bib is good for one complimentary beverage; additional beverages can be purchased on-site.

**Gear bags** checked before your race are located just outside the fenced grass village area in the parking lot of The Crossroads Carmel shopping center.

# **POST-RACE INFORMATION**

## TRACKING, RESULTS & AWARDS

For runner tracking, click here.

Results will be located under black SVE tents in the Marathon Village. Type in your name or bib number and your results will appear on the computer screen. Results will also be located <a href="https://example.com/here/">here</a>.

**The Marathon awards ceremony will begin at 11:30 AM** on the main stage. We will recognize the top five overall male and female marathon finishers followed by the top five male and female finishers in all age groups. There are also Boston to Big Sur awards and relay awards. There are no awards in the 21-Miler, 11-Miler, 12K, or 5K.

## **POST-RACE SHUTTLES**

Buses back to the Big Sur area campgrounds and hotels are scheduled to depart at 11:30 AM, 1 PM and 2 PM, subject to change.



# IMPORTANT EVENT NOTES

#### **SPECTATOR TIPS**

- Due to the closure of Hwy 1 to private vehicles, bikes, runners and walkers, the only place to watch participants in any of our races is at Marathon Village.
- Marathon Village is a relatively small area so anticipate heavy vehicle and pedestrian traffic and lengthy delays accessing the area.
- Free parking is available in the surrounding shopping centers, but you may have to park a
  half mile or more away from Marathon Village.
- Find friends and family at the runner reunion area near the exit of the runner food tent.
- Please, no dogs, drones, or bicycles in Marathon Village.

#### **CELL SERVICE**

The Big Sur International Marathon collection of races are in an area with **little to no cell coverage.** There is no cell service at the marathon start line or along the course and there is limited cell coverage at the finish line (and 12K/5K start and finish lines). This will affect texting and calling, runner tracking, and results. Please have plans in place with friends and family before race day.

## **QUESTIONS?**

If you have additional questions, please visit <u>bigsurmarathon.org</u> and click on the "Frequently Asked Questions" page. Our email is registration@bsim.org.



**GOOD LUCK, RUNNERS!**